

A NOTE TO MENTORS

Welcome! YES, you are qualified to be a mentor! If you are called, you are equipped! You've probably experienced many different relationships, but here comes a life-giving opportunity to fuel growth in another person. Your connection with your mentee and your upcoming journey through the Four Square Framework is an investment that will last for eternity and yield incredible rewards. As you enter into this powerful relationship, begin with a firm commitment to your mentee and a strong belief that this person, this prayer and this process is anointed specifically for you at this time in your life.

Sometimes the cost of mentoring is high, but the value is even higher.

Remember that mentoring is not mothering. It's not your responsibility to fix your mentee, but instead to faithfully walk with her.

As you move through the Four Square Framework, you will develop an awareness of mental, physical, emotional and spiritual balance based on the good Fruit of the Spirit.

Every relationship will be different and that's PERFECT!

Let it be different.

Let it be beautiful.

Let it be powerful.

Let it be fun!

A healthy mentoring relationship is symbiotic - everybody wins! Unlocking her potential will unlock something great in you.

A NOTE TO MENTEES

Welcome! Here you go! As you enter into this powerful and life-changing relationship, begin with a firm commitment to your mentor and a conviction that this person, this prayer and this process is anointed specifically for you at this time in your life. The mentoring relationship is a proven method to help you grow.

And have fun!

You are perfectly positioned to experience wholeness, balance, connection, growth and joy! Reaching your full potential through claiming the good fruit that is already inside you. YES! You already have what it takes and you bring immeasurable value to this process. Be hungry and humble, knowing that you are seen and that your mentor is for you. As you walk through the Four Square Framework, exploring your own mental, physical, emotional and spiritual wellness, you will be refined and gain a new understanding of yourself. It will feel like a fog being lifted as you uncover subtle truths about yourself! Your mentor will be faithfully walking alongside you; she will be with you as you grow.

And...

You will grow.

You will flourish.

You will gain wisdom.

You will move towards your full potential!

If it sometimes feels difficult, remember that hard things come before good things and **GOOD THINGS ARE AHEAD!**